

Fresco's Breakfast Specialties

Served with home fries, hash browns, roasted red potatoes, toast or a fresh baked biscuit. Eggbeaters or egg whites 1.00 extra. (To substitute fresh fruit for potatoes, please add 1.25)

Pork Chop and Eggs 10.95

Pork chop, two eggs any style, choice of potatoes & toast

Tri-Tip Steak and Eggs 10.95

Steak, two eggs any style, choice of potatoes and toast

Chicken Fried Steak and Eggs 10.95

Chicken fried steak, two eggs any style, choice of potatoes & toast

Fish and Eggs 12.95

Grilled fish, two eggs any style, choice of potatoes & toast

Eggs Benedict 9.95

Two poached eggs with ham served on a toasted english muffin with hollandaise sauce.

Vegetarian Crepe Scramble 8.95

Served on a bed of red roasted potatoes, sour cream & cheese. Topped with Hollandaise sauce. Your choice of toast.

Fresco's Skillet 8.95

Two over medium eggs, your choice breast of chicken, top sirloin, seasoned ground beef, or carnitas, topped with homemade gravy.

Old Cafe Skillet 8.95

Diced ham, bacon, sausage with grilled bell pepper, onion and two scrambled eggs over home fried potatoes, topped with country gravy.

Eggs Florentine 9.95

Two poached eggs with thinly sliced breasts of turkey & spinach on a toasted English muffin, Hollandaise sauce.

Steak Benedict 10.95

Two poached eggs and top sirloin steak topped with Hollandaise sauce on a toasted English muffin. Served with hash browns, home fries, or roasted red potatoes.

Smoked Salmon Benedict 11.95

Two poached eggs with smoked salmon and asparagus on a toasted English muffin, Hollandaise sauce.

Veggie Patty or Sausage Patty & Eggs 8.25

Veggie patty, two eggs any style, choice of potatoes & toast

USDA Ground Beef Patty (1/3lb.) & Eggs 8.25

1/3rd pound ground beef patty, two eggs any style, choice of potatoes and toast

Corned Beef Hash & Eggs 8.25

Corned beef hash, two eggs any style, choice of potatoes and toast

Lox with Bagel 9.95

Lox with bagel, cream cheese, onion tomato & fresh fruit

Herbal Chicken Breast & Eggs 10.95

Tender herbal chicken breast, two eggs any style, choice of potatoes and toast

Fresco's Lunch Specialties

Tri-Tip Steak Sandwich 10.95

Served open faced on sourdough toast with tomato, onions, lettuce and a side of french fries

Salsbury Steak 10.95

Ground beef steak in a wine and mushroom gravy. Served with rice pilaf, mixed vegetables and garlic bread

Rib Eye Steak 17.95

10 ounce rib eye served with rice pilaf, mixed vegetables and garlic bread

Chicken Piccata 11.95

Lightly breaded tender chicken breast topped with a lemon cream sauce. Served with angel hair pasta and garlic bread.

Chicken Marsala 11.95

Breast of chicken sauteed with onions, mushrooms in a marsala wine sauce. Served with angel hair pasta and garlic bread.

Chicken Parmesan 11.95

Breaded chicken breast with marinara sauce, melted cheese, served with noodles and butter, and garlic toast

Grilled Chicken Breast 10.95

Tender chicken breast served with rice pilaf, mixed vegetables and garlic bread.

Sole Fillet 12.95

Lightly breaded fish fillet topped with a lemon caper cream sauce and served with rice pilaf, mixed vegetables and garlic bread.

Vegetarian Angel Hair Pasta with Fish 12.95

Vegetable medley sauteed in garlic olive oil and angel hair pasta. Topped with a grilled fish fillet and served with garlic bread.

Chicken Marsala Fettucine 11.95

Chunks of chicken breast sauteed with spinach, tomato, mushroom, and fettucine in a marsala cream sauce. Served with garlic bread.

Chicken Fettucine Alfredo 11.95

Chunks of chicken breast sauteed with spinach, tomato, mushroom, and fettucine in a alfredo cream sauce. Served with garlic bread.

Fish and Chips 12.95

Strips of fresh fish breaded to order and served with fresh fruit and french fries.

Spaghetti and Meat Sauce 10.95

Ground beef sauteed in a delicious marinara sauce. Served with garlic bread.

Breakfast

Eggs, Omelettes, and Scrambles

Served with home fries, hash browns, roasted red potatoes, toast or a fresh baked biscuit. Eggbeaters or egg whites 1.00 extra. (To substitute fresh fruit for potatoes, please add 1.25)

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| Bacon (4) or Sausage (4) & Eggs | 7.95 |
| Polish or Italian Sausage & Eggs | 8.25 |
| Turkey Sausage (4) or Turkey Bacon (4) & eggs | 8.25 |
| Country Breakfast | 8.25 |
| <i>2 eggs, 4 sausages. Home fried potatoes, biscuits & gravy.</i> | |
| Two Eggs (any style) | 5.95 |

Omelettes

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| Carnitas Omelette | 8.95 |
| <i>Prepared with carnitas, cilantro, tomato, onions, avocado and sour cream.</i> | |
| Polish Sausage Omelette | 9.95 |
| <i>Sundried tomato and onion. Topped with american cheese.</i> | |
| Ground Beef Omelette | 8.95 |
| <i>Seasoned ground beef, onion, sundried tomatoes topped with cheddar cheese.</i> | |
| Cheese Omelette | 7.95 |
| <i>Cheddar, jack and swiss cheese.</i> | |
| Mushroom | 7.95 |
| <i>Sauteed fresh mushrooms, onions and Swiss cheese.</i> | |
| Vegetable | 7.95 |
| <i>Stir fry fresh seasonal vegetables.</i> | |
| Ortega Peppers & Cheese | 7.95 |
| <i>Ortega chili peppers with Swiss cheese.</i> | |
| California | 8.50 |
| <i>Fresh avocado, crisp bacon, tomato and jack cheese.</i> | |
| Ham & Cheese | 8.50 |
| <i>Chunks of ham and cheese.</i> | |
| Denver | 8.50 |
| <i>Diced ham, bell peppers and onions.</i> | |
| Cheese N' Chili Beans | 8.50 |
| <i>Homemade chili with melted cheese, diced onions on request.</i> | |
| Fresh Spinach | 8.50 |
| <i>Crispy bacon, tomato, red onions and cheddar cheese.</i> | |
| Smoked Salmon | 10.95 |
| <i>Smoked salmon, capers, scallions and sour cream.</i> | |

Egg Scrambles

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| Asparagus, Mushroom Scramble | 8.25 |
| <i>Fresh sliced asparagus and mushrooms, topped with melted cheddar cheese.</i> | |
| Lox Scramble | 10.95 |
| <i>Norwegian smoked salmon and fresh scallions.</i> | |
| Diced Smoked Honey Cured Ham | 8.25 |
| Chorizo Scramble | 9.50 |
| <i>Tasty lean Mexican pork sausage, bell peppers, onions and tomatoes.</i> | |
| Spinach Saute | 8.25 |
| <i>Spinach, tomatoes, red onions, cheddar cheese.</i> | |

Pancakes, French Toast and Waffles

| | Short Stack (2) | Stack (3) |
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| Buttermilk Pancakes | 3.95 | 4.95 |
| Seven Grain Granola Pancakes | 5.95 | 6.95 |
| Strawberry or Blueberry Pancakes | 5.95 | 6.95 |
| French Toast | 4.95 | 5.55 |
| Pancake Combo | 8.95 | |
| <i>Two pancakes, two eggs, choice of ham, bacon (4) or link sausage (4)</i> | | |
| Seven Grain Granola Pancake Combo | 9.95 | |
| <i>Two pancakes, two eggs, choice of ham, bacon (4) or link sausage (4)</i> | | |
| Blueberry Pancake Combo | 9.95 | |
| <i>Two pancakes, two eggs, choice of ham, bacon (4) or link sausage (4)</i> | | |
| Cinnamon Roll French Toast | 5.95 | |
| <i>Fresh baked cinnamon roll sliced and dipped in our special batter.</i> | | |
| Cinnamon Roll French Toast Combo | 9.95 | |
| <i>Fresh baked cinnamon roll, two eggs, choice of ham, bacon (4) or link sausage (4)</i> | | |
| French Toast Combo | 8.95 | |
| <i>Two Slices French toast, two eggs, choice of ham, bacon (4) or link sausage (4)</i> | | |
| Belgian Waffle | 5.95 | |
| <i>With fresh bananas or berries add \$1.00</i> | | |
| Banana Nut Belgian Waffle | 6.95 | |
| <i>Sliced banana, walnuts and powdered sugar.</i> | | |
| Belgian Waffle Combo | 9.95 | |
| <i>Belgian waffle, two eggs, choice of ham, bacon (4) or link sausage (4)</i> | | |

Breakfast

Specialties

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| Egg Croissant | 8.25 |
| <i>Choice of ham, bacon or sausage with cheese and two scrambled eggs.</i> | |
| Breakfast Burrito | 8.25 |
| <i>Flour tortilla filled with two scrambled eggs, bacon, sausage, ham and cheddar cheese.</i> | |
| Banana & Strawberry Crepes | 8.95 |
| <i>Or mango & berries when in season. Served with our own wonderful cream cheese filling, topped with whipped cream.</i> | |
| Monte Cristo | 8.95 |
| <i>Grilled triple deck French toast sandwich, filled with sliced turkey, ham and cheese. Topped with powdered sugar.</i> | |

Beverages

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| Hot Chocolate (Refills 60 cents) | 1.95 |
| House Coffee or Decaf | 1.95 |
| Hot Tea or Herb Tea | 1.95 |
| Extra Tea Bag | 1.00 |
| Apple | 2.95 |
| Cranberry | 2.95 |
| Grapefruit | 2.95 |
| Orange juice | 2.95 |
| Tomato | 2.95 |
| Arnold Palmer | 1.95 |
| Lemonade (Refills 60 cents) | 1.95 |
| Ice Tea (Free Refills) | 1.85 |
| Soft Drinks (Free refills) | 1.85 |
| Root Beer or Coke Float | 2.95 |
| Milk | 2.45 |
| Chocolate Milk | 3.25 |

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| Fruit Smoothies | 3.95 |
| <i>Strawberry, Pineapple, Melon, Mango, Banana, Blueberry or any two combinations. All Blended with ice and yogurt.</i> | |

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| Frozen Iced Punch | 2.95 |
| <i>Strawberry, Orange, Pineapple, Melon, Mango, Banana, Blueberry or any two combinations. All Blended with ice.</i> | |

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| Old Fashioned Shake | 3.65 |
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| | Glass | Bottle |
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| Champagne Cooks | 5.95 | |
| Mimosa or Poinsettia | 5.95 | |
| Chardonnay Sutter Home | 5.25 | |
| Chardonnay Kendall Jackson | 7.95 | 27.00 |
| White Zinfandel Sutter Home | 5.25 | |
| Cabernet Sauvignon Sutter Home | 5.25 | 27.00 |
| Cabernet Sauvignon Kendall Jackson | 7.45 | 27.00 |

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| Domestic Beer | 4.25 |
| <i>Budweiser, Bud Light,</i> | |
| Imported Beer | 5.25 |
| <i>Corona, Negro</i> | |

Desserts

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| Apple Pie | 3.95 |
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| Pie a La Mode | 4.95 |
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| Dish of Ice Cream | 2.25 |
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| Ice Cream Sundae | Small 1.95 | Large 3.95 |
| <i>Small Sundae has one scoop of ice cream, Large Sundae has two. Topped with chocolate sauce, whipped cream, nuts and a cherry.</i> | | |

Lunch Combos

Monday through Friday 11:00 am - 2:00pm. Includes soda
6.95 buys you one of the following four lunches (includes soft drink)

- #1 **1/2 Turkey Avocado Sandwich** *Served with your choice of soup or salad*
- #2 **Hamburger** *Served with french fries*
- #3 **Lunch Sized Taco Salad** *A lunch sized version of our popular salad*
- #4 **One Cheese Enchilada** *Served with rice and beans*

7.95 buys you one of the following five lunches (includes soft drink)

- #5 **Burrito Carnitas** *Beans, rice, cheese, cilantro, onions inside. Served with chips and salsa*
- #6 **Country Style Jumbo Hot Dog** *Wrapped in bacon and served with french fries, homemade chili*
- #7 **Reuben Sandwich** *Served with french fries*
- #8 **Chicken Pasta** *Angel hair sauteed with oil, garlic and tomato*
- #9 **Tri-Tip Sandwich** *Sliced tri-tip served on sourdough bread with cheese & green chiles. Served with french fries*
- #10 **French Dip** *Hot roast beef, au jus, served on a grilled french roll. Served with french fries*
- #11 **Chile Verde Burrito** *Chunkc of pork in a green sauce, with salsa & cheese. Served with chips & sour cream*

Lunch

Hamburgers

All of our hamburgers are served with pasta salad, cole slaw, french fries or red potato salad. (To substitute soup, green salad or fresh fruit for side dish above, please add \$1.25)

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| Hamburger (1/3 lb.) | 6.45 |
| Bacon Cheeseburger | 7.95 |
| Ortega Cheeseburger | 7.75 |
| Chili Cheeseburger | 8.75 |
| Sauteed Mushroom Burger | 7.95 |
| <i>Sauteed fresh mushrooms, onions, and jack cheese.</i> | |
| California Burger | 8.95 |
| <i>Topped with avocado, alfalfa sprouts and Swiss cheese.</i> | |
| BBQ Santa Fe Burger | 8.45 |
| <i>Topped with blue cheese crumbles, swiss cheese, BBQ sauce.</i> | |
| Diet Plate | 10.95 |
| <i>Beef patty or herbal chicken breast with fresh fruit, cottage cheese, sliced tomatoes, & a hard boiled egg. Served with garlic bread.</i> | |

Sandwiches

All of our sandwiches are served with pasta salad, cole slaw, french fries or red potato salad. (To substitute soup, green salad or fresh fruit for side dish above, please add \$1.25)

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| Turkey Avocado Sandwich | 8.25 |
| <i>Thinly sliced breast of turkey and ripe avocado with lettuce, tomato, cucumber slices and alfalfa sprouts. On squaw bread.</i> | |
| Rich's Hamburger Club Sandwich | 9.95 |
| <i>Our popular bacon, lettuce and tomato sandwich served with a hamburger patty or breast of chicken.</i> | |
| Country Style Hot Dog | 8.95 |
| <i>Jumbo hot dog wrapped in bacon and served on a white french roll with mayo, mustard, ketchup, sweet pickles and onions. Served with french fries and homemade chili.</i> | |
| Tahoe Turkey Sandwich | 8.25 |
| <i>Thinly sliced roast turkey breast with honey mustard sauce, avocado, shredded carrots and red cabbage. On squaw bread.</i> | |
| Teriyaki Chicken Sandwich | 8.95 |
| <i>A breast of chicken, marinated in teriyaki sauce, served on grilled sourdough bread with lettuce and tomato.</i> | |
| Santa Fe Style Chicken Sandwich | 8.95 |
| <i>Charbroiled herbal chicken on French roll with avocado, lettuce, tomato, alfalfa sprouts and cheese.</i> | |
| French Dip | 8.25 |
| <i>Hot roast beef, au jus, served on a grilled French roll.</i> | |

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| Beefeater | 8.25 |
| <i>Hot roast beef and melted jack cheese served on a grilled sourdough bread.</i> | |
| Club Sandwich | 8.95 |
| <i>Slices of ham, bacon, cheese, tomato, lettuce served on whole grain bread.</i> | |
| Turkey Melt | 8.25 |
| <i>With breast of turkey, melted cheese, grilled onion on grilled sourdough bread.</i> | |
| Albacore Tuna Melt | 8.95 |
| <i>Tuna salad and melted cheese grilled on rye bread.</i> | |
| Rueben Sandwich | 8.25 |
| <i>Tender corned beef, swiss cheese and sauerkraut grilled on rye bread</i> | |
| Chili Size | 8.95 |
| <i>Our juicy burger served open face, topped with our secret chili, cheese & onions.</i> | |
| Patty Melt | 7.95 |
| <i>Beef patty (1/3 lb.) melted cheese with grilled onion, grilled on rye bread.</i> | |
| Fish Sandwich | 9.95 |
| <i>Tender fried fillets of cod with lettuce, tomato, onion, pickle and tarter sauce. Served on French roll.</i> | |
| Grilled Ham & Cheese Sandwich | 7.95 |
| <i>Served on grilled wheat bread</i> | |
| Grilled Cheese Sandwich | 5.45 |
| <i>Your choice of bread and cheese With tomatoes 6.45</i> | |
| Croissant Sandwiches | |
| <i>A whole croissant sandwich is served with pasta salad, cole slaw or French fries. Made with lettuce and mayonnaise. (To substitute fresh fruit for side dish, add \$1.25)</i> | |
| Croissant Sandwich | 8.95 |
| Choice of any one item: | |
| Tuna Salad (albacore white) | Turkey Breast |
| Chicken Salad (all white meat) | Cold Roast Beef |
| Ham and Swiss cheese | BLT |
| Half Croissant Sandwich | 7.95 |
| <i>Served with bowl of soup or mixed green salad.</i> | |

Soups

Our home made fresh vegetable soup or soup of the day.
 Cup2.95 Bowl4.95

Lunch

Vegetarian Selections

Veggie Burrito 8.95
Grilled vegetables sauteed with teriyaki sauce, beans and cheese.
Served with fresh fruit or fries.

Garden Burger 7.45
Served with lettuce, tomato, onion, pickles, a touch of thousand island dressing and served open face on a sesame seed bun, with fresh fruit or fries.

The Vegetarian 7.95
Served on squaw bread with mustard, lettuce, tomato, cucumber, avocado, onion slices and alfalfa sprouts, served with fresh fruit or fries

Mexican Entrees

Fajitas \$10.95
Served with rice and beans, sour cream, guacamole, flour or corn tortillas. Beef or Chicken

Mexican Combo Various Prices
Your choice of chile relleno, shredded beef or chicken hard shell taco; cheese, chicken, or seasoned ground beef, enchilada, Served with rice and beans.
One item \$6.95 Two items \$8.95 Three items \$9.95

Carnitas Plate 10.95
Served with rice and beans, guacamole, and corn or flour tortillas.

Tacos Especial 10.95
Your choice of fish, grilled chicken, carne asada, or carnitas. Served with cilantro, onion, rice and beans, and guacamole.

Burrito Especial 8.95
A large flour tortilla stuffed with cheese, seasoned ground beef, carnitas, carne asada, or grilled chicken. Topped with red sauce and cheese. Served with rice and beans, sour cream and guacamole.

Authentic Burrito 8.95
A large flour tortilla stuffed with beans, rice, cilantro, onions, cheese and your choice of seasoned ground beef, carnitas, carne asada, or grilled chicken. Served with caesar salad and guacamole.

Salads

Salads served with your choice of garlic bread or homemade muffin. Ask your server for current flavors.

Taco Salad 8.95
Mixed salads, ground beef, red beans, virgin black olives garbanzo beans & dressing in a flour tortilla shell. Toast.

House Salad 7.95
With cheddar cheese, bacon bits, tomato wedges, chopped eggs, cucumber slices.

Chicken Salad 8.25
Two mounds of chicken salad on a bed of crisp greens, sprinkled with raisins and cashews.

Tuna Salad 8.95
Two mounds of white albacore on a bed of crisp greens, sprinkled with almond slivers.

Spinach Salad 8.45
Fresh spinach and alfalfa sprouts tossed with warm grilled breast of chicken and Dijon mustard dressing.

Cobb Salad 8.95
With breast of turkey, crisp bacon, tomato, chopped egg and blue cheese crumbles.

Caesar Salad 6.45
Traditional recipe with croutons, parmesan cheese. With Grilled Chicken 8.95

Fresh Fruit Salad 7.95
The best fruit of the season topped with frozen yogurt or cottage cheese.

Pasta Salad 6.95
Tossed with fresh vegetables, special seasonings, tomato wedges. With Grilled Chicken 8.95

Green Garden Salad 5.95
Mixed greens with cucumber and tomato.

Chinese Chicken Salad 8.95
Sliced chicken breast, crisp noodles, romaine & iceberg lettuce, green onions, almonds, mandarin orange and sesame seeds. Tossed in our special dressing.

BBQ Chicken Salad 8.95
BBQ chicken, tomato, green onion, sweet corn, jicama, blue corn chips, romaine & iceberg lettuce. All tossed with our BBQ Ranch dressing.

Smoked Salmon Salad 10.95
Our wonderful Ranch smoked salmon, served cold with mixed spring lettuces, asparagus, tomato and Greek olives with our balsamic vinaigrette dressing.

Chef's Salad 8.95
Chilled fresh lettuce topped with slices of ham, roast turkey breast, hard boiled egg, tomatoes, jack, cheddar and swiss cheese.